Journey in the Country of "Bastides"

{ READY-MADE TOURS FROM 1 TO 4 DAYS }

ROADBOOK

Take it easy and relax, let us quide you on the route of vineyards a<mark>nd old</mark> stones!







DORDOGNE PÉRIGORD

Édition 2021/2022



A WIND OF FREEDOM blew over the land of the "bastides":

Discover this fascinating area



This road book allows you to discover a region with a variety of landscapes and a rich and moving history. It was modelled by the Hundred Years' War and the Wars of Religions with **Bergerac** as an important protestant town. In the 13 C. new towns, called **"Bastides"** were founded, such as Beaumont, Monpazier, Lalinde. They were the result of an increasing population that was spread out over

the countryside. This journey through the past will take back the visitor to a time when churches and other religious buildings such as the **Abbey of Cadouin or Saint-Avit-Sénieur** have been multiplied.

Visiting the «Pays des Bastides» also includes **meeting its inhabitants:** winemakers, breeders, farmers, craftsmen, potters, glass blowers... who will be sharing with you their passions and skills.

Enjoy a stroll on the hiking trails in the middle of an almost unspoiled nature, **go for a bike ride along the so called "Voie Verte"** along the Dordogne River. that connects **Bergerac to Lalinde**. Enjoying a **swim in the Lake Pombonne** near Bergerac is an option that the whole family will approve on!

Picnic places in the shade of plane trees or on the banks of the Dordogne River allow you to appreciate the landscapes as well as **good local products** that this region offers, unless you are tempted by a good meal in a **gourmet restaurant** or a **farm inn**...



Here are the keys of this road book in the Pays des Bastides, where cultural heritage, fauna, flora and inhabitants of this area rhyme with authentic discovery and shared experience.



PÉRIGUEUX - NEUVIC - BERGERAC



MAI

Before leaving Périgueux, you may stroll in its historical district: from **the Antique section**, located near the tower of Vésone and its prestigious Gallo-Roman museum, to the Renaissance quarter not far from **the neo-Byzantine style Cathedral of Saint-Front**.

Leaving Périgueux, take road D6089 towards Neuvic and follow the Isle River. On your way, visit **Saint-Astier**, a small village known for its lime production that dates back to the mid-19th century. A visit to the huge **underground quarries** to understand the lime manufacturing process is offered: welcome to a journey to the center of the earth...

A STREET, STRE

A high light

The watermill of la Veyssière

Located in the heart of the Isle Valley, the watermill of La Veyssière was built in 1637 and is today the last one still operating in the Vern Valley. Christine and her family are producing **walnut oil and flour and will** welcome you to discover this exciting world where a family know-how has been passed on from generation to generation. It perpetuates a traditional production started in the fifteenth century.



Christine will introduce the different steps of the production: first the big mill stone that slowly crushes the nuts, then the cast-iron stove and the press...

This slow and rhythmic movement, along with a pleasant overwhelming fragrant of roasted nuts, takes the visitor to another world! Christine, miller from father to daughter for seven generations, says: *«Since 1857, we produce our walnut and hazelnut oils by hand thanks to an unchanged manufacturing process and respecting the traditions of the Périgord».*

A wonderful experience is waiting here for you: don't hesitate!



WOW!

In search of the **Black Gold of Aquitaine**: the Périgord is proud of its many gastronomic specialties. But there is one that might well surprise! Indeed, since the early 2000s, the Isle Valley has become one of the few centers of French production of caviar. In the past, the European sturgeon went up the Gironde, the Garonne and the Dordogne rivers. A too intensive fishing caused the disappearance of this species at the beginning of the 20th C.

Today it is the Siberian sturgeon that is raised by fish farmers. At the heart of this peaceful landscape of stones and rivers, Yoann, the guide, will take you through the ponds and explains with humour the life of these sturgeons, that spend several years in these waters before delivering their eggs. You will discover the precise gestures that allow the elaboration of caviar! And the best way to discover is to

taste! An unforgettable experience by Caviar de Neuvic.

On the way to the 'Pays de Cyrano de Bergerac' via Issac, the hilly landscapes of wheat, sunflower, interspersed with small hamlets give the visitor a desire to discover more. The castle of Montreal, the small manor house of Leygonie or Montagnac la Crempse are all small treasures scattered all around you!



And suddenly, a landscape of vineyards spanning over more than 12,000 hectares emerges at the bend of a road... Welcome to Bergerac, a vineyard that is proud of its 13 appellations!



Sites

 Usines à Chaux 24110 Saint Astier www.tourisme-isleperigord.com/ site-monument-mine-site-industriel/ usines-chaux-de-saint-astier Moulin de la Veyssière 24190 Neuvic www.moulindelaveyssiere.fr Caviar de Neuvic 24190 Neuvic www.caviar-de-neuvic.com

Accommodations (1 night)

 Chambre d'Hôtes La Queyssie Saussignac www.laqueyssie.com Hôtel*** de Bordeaux - Bergerac www.hotel-bordeaux-bergerac.com Chambres d'Hôtes Le clos d'Argenson Bergerac www.leclosdargenson.com Hotel**** Chartreuse de Bignac **Saint-Nexans** www.abignac.com Hôtel**** Château des Vigiers Monestier www.vigiers.com

Day 2

BERGERAC - VIGNOBLE DE BERGERAC -CHÂTEAU DE BRIDOIRE - ISSIGEAC

Let Cyrano introduces you to Bergerac...

Bergerac is known for its gentle way of life, its half-timbered houses, its gastronomy, and a famous character with a long nose who, in reality, has never been there! But what



is the link between the town and Edmond Rostand's famous character?

 $\approx 45 \, \mathrm{km}$

From the Gambetta car park, you can directly access the historical part of Bergerac: the history of this town will be revealed while strolling in the ancient boatmen's district with stone buildings, animated squares and evocative names such as «Street of the Fountains», «Street of the French Kings»... Its history will take its full meaning, when you arrive at the ancient port and discover the traces of a centuries-old prosperity due to the transport of goods and wine.





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Whatever your preferences are, don't miss a stroll on Quai Cyrano!

Quai Cyrano is a subtle alliance of a tourist office and an association of more than 160 local winemakers housed in an exceptional setting.

From the former Franciscan cloister to the terrace, you will have the opportunity to enjoy a tasting of a variety of wines and regional produces while admiring the breathtaking view over he Dordogne River... Don't wait just do it!





The Chateau de Monbazillac!

From Bergerac, take road D 933 and drive south for about 11 km in the direction of Eymet. The Chateau of Monbazillac looks imposing! Did you know that it gave the name to this mellow white wine the Frenchs like to drink with foie gras! Located in the heart of the vineyards, overlooking the Dordogne valley and Bergerac, this chateau built in 1550, is endowed with a subtle blend of feudal and Renaissance style. Go up to the gardens of the Château de Monbazillac to experience a breathtaking panorama!



Discover the local grape varieties during a meeting with a winemaker.

Learn how the vine is raised and cultivated in this area by listening to a winegrower and maker: *«We have been cultivating the vine for several generations and we are happy to share all its secrets»*. With the same passion and emotion, he will address the history of **the vineyard of Bergerac**, its appellations and the making of the wines. A work that requires a lot of patience and respect for soil and plant! A tasting will conclude this pleasant adventure.





A magic fairy tale of a chateau haunted by its history...

After about 10 km on road D933, you will arrive at the castle of knights, princesses and games, the **Chateau of Bridoire**! Young and older ones will be delighted to find **the games of former days** while the history of this ancient residence and how it was rescued of falling apart will be revealed by the passionate owners during the visit! A true journey through the past where crossbow shooting, armours, skill and reflex games, archery, giant chessboard, snakes and ladders course are around all the time!



Issigeac, an invitation to stroll. in the heart of its former circular enclosure where the alleys roll up like a snail, we discover a **genuine medieval village** where the past seems to be still present. A village with a rich history and architecture where artists and craftsmen have taken up residence.



Sites

 Quai Cyrano 24100 Bergerac https://www.pays-bergerac-tourisme.com/fr/ a-voir-a-faire/patrimoine/quai-cyrano Musée du Tabac 24100 Bergerac www.bergerac.fr/directory/musee-du-tabac Château de Monbazillac 24240 Monbazillac www.chateau-monbazillac.com/fr/le-chateau • Domaine de l'Ancienne Cure 24560 Colombier www.domaine-anciennecure.fr • Domaine de la Jaubertie 24560 Colombier www.chateau-jaubertie.com Château de Bridoire 24240 Ribagnac www.chateaudebridoire.com

Accomodations (2 nigts)

 Camping Fontaine de Biron 24540 Vergt de Biron www.fontainedebiron.com Camping Le Moulin du Surier 24440 Beaumont du Périgord www.lemoulindesurier.com Les Cabanes Perchées dans les Arbres 24540 Monpazier www.cabanes-perchees-dans-les-arbres.com Chambres d'Hôtes les Hortensias 245640 Monpazier Gite de Charme à Biron 24540 Biron gite-de-charme-a-biron.business.site Hotel**** Edward 1er 24540 Monpazier www.hoteledward1er.com

ISSIGEAC - BEAUMONT/VILLERÉAL MONPAZIER - BIRON

 $\approx 45 \, \mathrm{km}$

Hilltop villages, enchanting castles...

Day 3

Discover the most beautiful villages of the Périgord! Starting from Issigeac, take road D14 in the direction of Villeréal. Admire the recently restored beautiful traditional Perigord houses by crossing the hamlet "Roguepine".



Last a Jance

A stop in **Villeréal** will delight lovers of **local produces** and **old stones**! Villeréal is a must-see "royal bastide" town.

A colorful and fun experience is waiting for you on market day (Saturday morning), unless you prefer a detour to reach **Beaumont**, a genuine village with a fortified church and ramparts.



Monpazier, the star of the bastides!

From an architectural viewpoint Monpazier is undoubtedly the bestpreserved and the most characteristic example of the bastides in the area, founded in the XIII C.

Since its foundation in 1284 by Edouard I, king of England, the outdoor market in Monpazier takes place every Thursday on the central square for more than 700 years!

A TABLE !

Sample various local gastronomic specialties! Enjoy a food experience at a farm-inn and savor typical Perigord dishes prepared with local produces: a special treat for your taste buds!



Wander through the alleys to the Place des Cornières, admire the covered market hall, the tileroofed stone houses, built from the XIII to XVII c. Over the centuries, **Monpazier** managed to keep its charm despite troublesome times. Enter the workshop of a local potter, a glassblower or jeweler and discover their manufacturing skills.

At the corner tiny street, a **ceramist and wood turner**, will greet you share with you his talents and secrets! On your way to Villeréal, a well maintained XIV - XV C. castle and a mill along a small river can be seen, while on the other side of the road you can admire an authentic countryside with the green valley of the Dropt river. A bit further down, make a left turn to road D53. You will be overwhelmed by the imposing silhouette that suddenly emerges out of the woods: **The Château de Biron**, one of the most important chateaus in the department that offers a breathtaking endless viewpoint over the area!



Hiking on the trails around Castle of Biron: Sandra, the guide, will welcome you for **a 6 km walk hike through the village of Biron** and its surroundings. In the heart of a well-preserved environment, with a rich biodiversity, flora and fauna, the guide will slowly lead you to the world of wine.

Here you'll find a combination of cultural heritage and traditions, history and nature. Enter now in the former vineyard of the lords of Biron and welcome to Gilles and Vincent's **Domaine de la Tuque**, both winemakers who share their passion for wine.

Sites

Table paysanne Le Marmiton
24540 Marsalès
Tel : 05 53 22 64 76 ou 06 86 46 65 00
Escapade sur les chemins de Biron
Sandra, Guide Balades cultures & nature
24540 Biron
Tel : 06 75 75 81 66
www.facebook.com/Balades.Patrimoine.
Activites.Nature
Domaine de la Tuque
24540 Biron
www.domainedelatuque.com
Château de Biron
24540 Biron
www.chateau-biron.fr



The stunning **Chateau of Biron** invites you for a journey through time! Like a giant of stone, located at the edge of Périgord, Agenais and Lot, the architecture of this imposing building harmoniously blends different styles from the XII to XVIII C.! The Gontaut-Biron family owned and shaped over more than 800 years the building and extension of chateau. Today, twice a year **temporary art exhibits** are displayed. Chateau of Biron



BIRON - SAINT-AVIT-SÉNIEUR - CADOUIN SAINT-CYPRIEN - SARLAT

Secrets & lies on Pilgrims' Road



Day 4

BETWEEN Heaven and earth: It's always surprising to see, when you go round a perched village, a church or a fortified monastery, a fortress, an abbey. The day starts with a visit to **Saint-Avit-Sénieur**, a medieval village with a 12th C. church and a monastery that have been destroyed several times, the red stones are the evidence of a fire.

 $\approx 60 \, \mathrm{km}$

Recently renovated, the village with its abbey invite you for a walk to discover these amazing buildings, listed by the UNESCO as a «World Heritage of Humanity».



Continue your tour by taking road D25 to **Cor Farm**. This couple of farmers, producers of saffron, nuts and many other produces, has decided to change for organic farming. Denis and Patricia are pleased to welcome you and it's with great simplicity they will talk about their adventure, tell stories and anecdotes while tasting some of their local produces. An experience you would like to share with your friends....





The Domaine de Barbe is a 20-ha forced-feeding family-run farm. Isabelle & Pierre will reveal all the facets of their production. From duckling to foie gras, traditions, respect for the birds and quality are perpetuated. Discover how the birds are raised in open air and on grassy fields, fed with corn, transformed with respect of the recipes of the Perigord! An educational visit that makes your mouth water... So, what do you prefer, Goose or Duck?



Cadouin, the truth about a pilgrimage...

Enter in the village of Cadouin by the 12th C. stone gate called «Saint Louis».

Cloître de Cadouin

From there, the imposing facade of the Romanesque church will surprise you, but once the door is open, you are entering a breathtaking flamboyant Gothic style and an

amazingly well-restored cloister. Cadouin's fame owes much to the presence of a shroud venerated for centuries. It was supposed to be the shroud that was used to wipe the face of Christ....

This Cistercian abbey recognized as a Major Site of Aquitaine and is listed by UNESCO as a WHS. It is a real gem!



Urval is a charming village nestled down in a valley. Don't miss to visit the fortified Romanesque church with its arrow slits, to admire the typical yellow stone houses of Perigord and the bread oven called" four banal"! A small treasure of rural architecture, witness of feudal life.

"On the road again"... After this lovely visit, heading towards Sarlat, don't miss **the medieval town of Saint-Cyprien**, with its imposing abbey and 12th C. square church tower. Later, you will enter the Dordogne Valley protected by a dense and dark forest with its majestic limestone cliffs that stretch out over several miles.

This enchanting succession of villages and fortresses is followed by another one: **Sarlat, the capital of Dark Perigord**, is a jewel of medieval and Renaissance architecture! This town with narrow streets, adorned with half-timbered facades and stone houses topped with flat stone roofs. Sarlat, the beloved city of André Malraux deserved a longer stay to enjoy the special atmosphere of the town and to admire the numerous beautiful historic buildings.



Ferme de Cor
 24440 Saint-Avit Sénieur
 www.fermedecor.e-monsite.com
 Domaine de Barbe
 24150 Badefols-sur-Dordogne
 www.domainedebarbe.com
 Cloître de Cadouin

24480 Cadouin www.cloitre-cadouin.fr



Usefull Addresses



Market day

- Périgueux: Wednesday and Saturday morning
- Saint-Astier: Thursday morning
- Neuvic: Tuesday and Saturday morning
- Mussidan: Saturday morning
- Bergerac: Wednesday and Saturday morning
- Issigeac : Sunday morning
- Villeréal: Saturday morning
- Beaumont: Tuesday and Saturday morning
- Monpazier: Thursday morning
- Cadouin: Wednesday morning

Picnick areas

- **Domaine de la Barbe**, Badefols-sur-Dordogne (Duck and Goose Food Products)
- Château de Bridoire (refreshment stand on site)
- Biron village (grocery shop with regional products)
- Monpazier
- Saint-Avit-Sénieurr

Restaurants suggestions

- La Ferme Auberge de la Cathy, à Saint Géry
- L'Auberge de Biron, à Biron
- La Table du Marché, à Bergerac
- Le Bistrot de Malfourat, Monbazillac
- Auberge Les Dîmes, à Issigeac
- Le restaurant de l'abbaye, à Cadouin

What to bring home ?

- Walnut or hazelnut oil from the Moulin de Veyssière
- Caviar from the sturgeon farm in Neuvic
- Goose foie gras of Perigord Noir from Domaine de la Barbe
- Safran, walnuts, crispy walnut, and jams from the organic farm in Cor (Saint-Avit Senieur)
- Wines from Monbazillac
- Wines from the organic vineyards in Biron
- "Le Périgord" knives available in Sarlat
- Pottery, leather or glass goods, glass made by handmade by craftmen from Issigeac, Villeréal, Monpazier or Biron

Local Michelin-starred restaurants

- La Tour des Vents, Malfourat, Monbazillac
- Les Fresques Château des Vigiers, Monestier
- Restaurant du Vieux Logis, Trémolat



Sport & Leisure Activities

• A classic or electric **bike ride** along the Voie Verte, a canal between Lalinde & Bergerac at Cyprien

- Electric Quad Bike or motorized scooter through the vineyards of Bergerac with Nico a Ribagnac
- Swim into fresh river water at Pombonne / Bergerac, à Neufont / Villamblard,

• **Tree climbing adventure** at Eyraud-Crempse-Maurens (betwwen Mussidan and Bergerac) or at Lacapelle-Biron for a fun adventure in the trees!





My best memories Wow! 2 SVA - Signa A must see I can paste here, my photos memories...



Sites and accommodations mentioned in this roadbook are suggestions. A full list of sites and accommodations is available on our website: www.dordogne-perigord-tourisme.fr (in French)

For further information in English, please visit our website: www.enjoydordogne.com



Pour retrouver toutes les informations, rendez-vous sur

www.dordogne-perigord-tourisme.fr